

WEEK 1

PARK LANE - SEPTEMBER TO MARCH 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Week 1: 04/09/17, 25/09/17, 16/10/17, 06/11/17, 27/11/17, 18/12/17, 08/01/18, 29/01/18, 19/02/18, 12/03/18				
THE MAIN EVENT	Southern Style Chicken Wrap with Potato Wedges	Spaghetti Bolognese with Garlic Bread	Roast Chicken with Stuffing, Gravy and Roast Potatoes	Creamy Chicken and Leek Pie with Mash	Battered Fish Fillet with Tartare Sauce and Chips
	Spicy Quorn Wrap with Potato Wedges	Mushroom, Cheese and Tomato Calzone	Vegetable Loaf with Stuffing, Gravy and Roast Potatoes	Broccoli and Butternut Squash Pie with Cheesy Pastry and Mash	Roast Pepper and Sweetcorn Quiche with Chips
TO FINISH	Jamaican Banana Cake with Toffee Sauce	Crunchy Orange Drizzle Cookie	Lemon Sponge with Custard	Wholemeal Chocolate and Pear Cake with Chocolate Sauce	Traybake and Fruity Friday



Autograph

FED BY ENTHUSIASM

WEEK 2

PARK LANE - SEPTEMBER TO MARCH 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Week 2: 11/09/17, 02/10/17, 23/10/17, 13/11/17, 04/12/17, 25/12/17, 15/01/18, 05/02/18, 26/02/18, 19/02/18				
THE MAIN EVENT	Sausages in Tomato Sauce with BBQ Mash	Lamb Kofta in a Pitta with Cool Mint Raita and Savoury Rice	Roast Beef with Yorkshire Pudding, Gravy and Roast Potatoes	Traditional Lasagne with Garlic and Herb Bread	Battered Fish Fillet or Salmon Fishfingers with Tartare Sauce and Chips
	Veggie Sausages in Tomato Sauce with BBQ Mash	Macaroni Cheese	Vegetable and Chickpea Wellington with Gravy and Roast Potatoes	Roasted Vegetable and Spinach Pizza with Garlic and Herb Bread	Curried Vegetable Slice with Chips
TO FINISH	Mixed Berry Sponge with Chocolate sauce	Oaty Apple Crumble and Custard	Fruit Salad and Yoghurt	Jam Sponge with Custard	Traybake and Fruity Friday



Autograph

FED BY ENTHUSIASM

WEEK 3

PARK LANE - SEPTEMBER TO MARCH 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Week 3: 18/09/17, 09/10/17, 30/10/17, 20/11/17, 11/12/17, 01/01/18, 22/01/18, 12/02/18, 05/03/18, 26/03/18				
THE MAIN EVENT	BBQ Chicken Fillet Burger with Potato and Chive Salad	Turkey Meatballs in Tomato Sauce with Pasta Twists	Roast Loin of Pork with Apple Sauce, Gravy and Roast Potatoes	Sweet and Sour Pork with Fluffy Rice	Battered Fish Fillet with Tartare Sauce and Chips
	Cheesy Vegetable Burger with Potato and Chive Salad	Vegetarian Cottage Pie with Gravy	Vegetable Pasty with Mash and Gravy	Vegetable Curry with Fluffy Rice	Broccoli and Tomato Quiche with Chips
TO FINISH	Apple Syrup Sponge and Custard	Rice Pudding with Fruit Compote	Lemon Cheesecake	Honey Cake and Custard	Traybake and Fruity Friday



Autograph

FED BY ENTHUSIASM